

Men's Health

PROSTATE & COLON CANCER

Nutrition Tips to Reduce Risk

Thursday, June 26 at 11 a.m.

Find out what you can do to cut your cancer risk using the natural power of REAL foods.



June is Men's Health Month!

Location: Fitness Center classroom – Pinehurst
Questions? Contact Ashley Carpenter at (910) 715-2674 or email acarpenter@firsthealth.org



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