



Place Patient Label  
Inside This Box

**“About Me”  
Important Things To Know About Me**

Name: \_\_\_\_\_

What is your primary concern once you leave the hospital (after discharge)? \_\_\_\_\_

Are any of your needs urgent?  Yes  No

If yes, please explain: \_\_\_\_\_

Do you think you will be admitted to the Emergency Room (ER) or Hospital in the next 30 days?

Yes       No       Unsure, Don't Know

Within the past twelve months, I have been concerned about my medications

Yes       No       Unsure, Don't Know

Do you think any of your prescriptions are making you sick?

Yes       No       Unsure, Don't Know

In the last 12 months, was there any time when you did NOT fill a prescription for medicine because of cost?

Yes       No       Unsure, Don't Know

Are you concerned about your ability to get your prescribed medication? Either by picking up the medications yourself or having someone pick-up the medications for you?

Yes       No       Unsure, Don't Know

I am \_\_\_\_\_ that I can take care of most of my health problems. (check one box below)

Very Confident       Somewhat Confident       Not Very Confident

Within the past twelve months, I've been concerned about the following (please mark all that apply):

- |   |   |
|---|---|
| <input type="checkbox"/> My health/feeling sick                         | <input type="checkbox"/> My limited transportation/getting places |
| <input type="checkbox"/> My unsafe living area or unstable housing      | <input type="checkbox"/> My food and dieting options              |
| <input type="checkbox"/> Losing electricity, heating or other utilities | <input type="checkbox"/> The amount of alcohol/tobacco I use      |
| <input type="checkbox"/> My anxiety/stress level                        | <input type="checkbox"/> Managing my finances/paying my bills     |
| <input type="checkbox"/> My safety and/or those I care about            | <input type="checkbox"/> Feeling of loneliness/social isolation   |
| <input type="checkbox"/> Being more physically active (exercising)      | <input type="checkbox"/> Other _____                              |

The best way I learn is: (mark all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> Reading information on paper     | <input type="checkbox"/> Reading information on the internet |
| <input type="checkbox"/> Talking to a healthcare provider | <input type="checkbox"/> Someone showing me what to do       |
| <input type="checkbox"/> Talking to my family             | <input type="checkbox"/> Going to a class or program         |
| <input type="checkbox"/> Talking to a health coach        | <input type="checkbox"/> Any of the above                    |

Below, please write about or draw a picture of something you like or want.