

# Pool Schedule



# January 24-30, 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-7 a.m.						Closed	Closed
8 a.m.	Open area reserved for PT	Closed	Open area reserved for PT		Open area reserved for PT		
9 a.m.	Aqua HITT		Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	
10 a.m.	Aqua Movement & Stretch		Aqua Tone	Deep Water Jogging	Aqua Movement & Stretch		
11 a.m.		Closed					
12 p.m.				<b>12:30-Child Swim Lessons</b>			
1 p.m.	Deep Water Jogging	Closed	Deep Water Jogging	<b>Until 1:30-Child Swim Lessons</b> 1:30-Open area Reserved for PT			
2 p.m.				Open area reserved for PT			Aqua Aerobics
3 p.m.							
4 p.m.	<b>Child Swim Lessons</b>	Closed	<b>Child Swim Lessons</b>	<b>Child Swim Lessons</b>			
5 p.m.	<b>Child Swim Lessons</b>		<b>Child Swim Lessons</b>	<b>Child Swim Lessons</b>		Closed	Closed
6 p.m.	<b>Child Swim Lessons</b> <b>6:45-Adult Swim Lessons</b> <b>6:30-Aqua Fitness</b>	Closed	<b>Child Swim Lessons</b> <b>6:45- Adult Swim Lessons</b>	<b>Child Swim Lessons</b> <b>High School Swim Team</b>	<b>High School Swim Team</b>	Closed	Closed
7 p.m.	<b>Adult Swim Lessons</b>		<b>Adult Swim Lessons</b>	<b>Until 7:30- High School Swim Team</b>	<b>Until 7:30- High School Swim Team</b>	Closed	Closed
7:45 p.m.	Closed		Closed	Closed	Closed	Closed	Closed

*Bold text indicates when children will be in the pool.*

**The instruction area and some lanes of the pool are reserved during all class times listed above.  
Lap swimming space will be limited.**