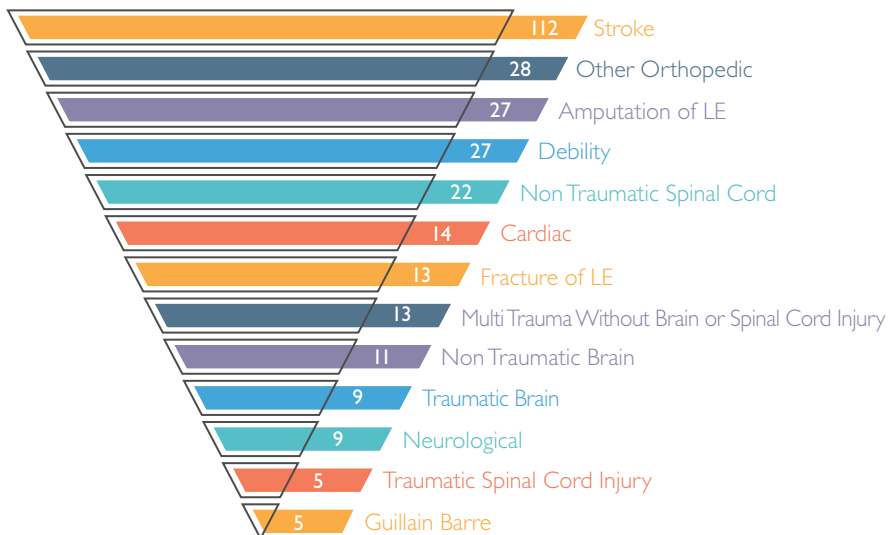


INPATIENT REHABILITATION PROGRAM OUTCOMES

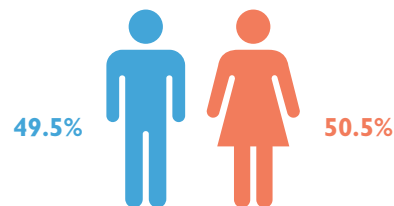
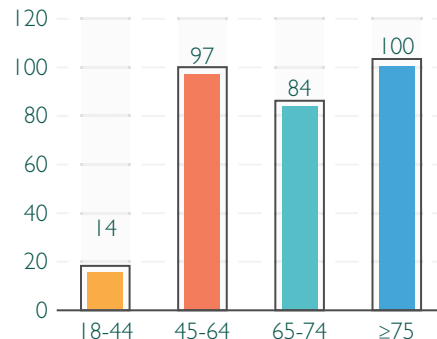
TYPES OF PATIENTS SERVED

In 2021, FirstHealth of the Carolinas Inpatient Rehab Center (IRC) served 295 patients in our Inpatient Rehabilitation Program. The average age of our patients was 68 years. Of our rehab patients, 146 were male and 149 were female.

PERSONS SERVED BY DIAGNOSIS



PATIENT AGE



(For detailed information on types of patient served see back of sheet)

HOW LONG OUR PATIENTS STAY

14.7 DAYS

Our patients stay in our Inpatient Rehabilitation Program for an average of 14.7 days, compared to the national benchmark of 13.3 days, regional benchmark of 13.1 days and the state benchmark of 14.5 days.

REHAB CARE PROVIDED

- Rehabilitation nursing was provided 24 hours a day
- On average, patients received 3.11 hours therapy, five days a week
- Based on individual need, some patients received 15 hours of therapy over a seven-day period
- Medical services were provided by physicians specially trained in inpatient rehabilitation

HOW OUR PATIENTS IMPROVE

Patients' functional improvement is categorized into two categories: self-care and mobility. Self-care looks at tasks related to eating, oral hygiene, showering and dressing, including putting on shoes. Mobility looks at tasks related to bed mobility, transfers, walking certain distances on level and uneven surfaces, steps, picking up objects and wheelchair propulsion.

Our patients had the following functional improvement:

- Change in self-care score: Facility 13.4; State 12.1; Region 13.4; Nation 13.4
- Change in mobility score: Facility 31.4; State 31.5; Region 32.6; Nation 32.5

WHERE OUR PATIENTS GO AFTER REHAB



85% Home



10% Acute Care Hospital



5% Skilled Nursing Facility

* 1% Swing Bed

PATIENT SATISFACTION

Of Those Surveyed:

94% Would recommend facility

95% Positive rating of care

This information is based on outcomes for the period 10/01/2020 – 9/30/2021. Our facility is fully credentialed by UDSmr®. FIM® and UDSPRO® are trademarks of Uniform Data System for Medical Rehabilitation.

Diagnosis	Avg. Age	Length of Stay	Average Hours of Treatment per Day	Discharge Disposition		
				Home	SNF	Acute
Other Orthopedic	70	13	3.04	93%	7%	0%
Debility	67	14	3.02	93%	0%	7%
Fracture of LE	77	16	3.02	100%	0%	0%
Amputation of LE	57	16	3.0	70%	11%	19%
Non-traumatic Brain	65	13	3.04	91%	0%	9%
Cardiac	75	11	3.04	71%	0%	29%
Multi Trauma Without Brain or Spinal Cord injury	61	13	3.06	92%	0%	8%
Non-traumatic Spinal Cord	67	15	3.11	86%	0%	14%
Neurological	61	14	3.0	78%	0%	22%
Traumatic Brain	85	13	3.47	67%	11%	22%
Guillain Barre	50	13	3.01	80%	0%	20%
Traumatic Spinal Cord	63	17	3.47	100%	0%	0%

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For more information on rehab services, call (910) 715-1653 or (910) 715-1638.



FirstHealth
MOORE REGIONAL HOSPITAL



Moore Regional Hospital is a Joint Commission Certified Primary Stroke Center.

FirstHealth.org/Rehab

When you need Rehab . . . You need FirstHealth.