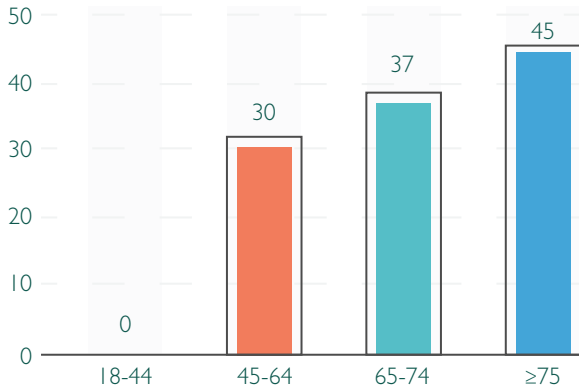


# STROKE PROGRAM OUTCOMES

## TYPES OF PATIENTS SERVED

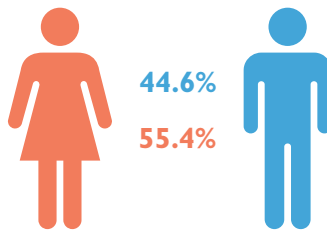
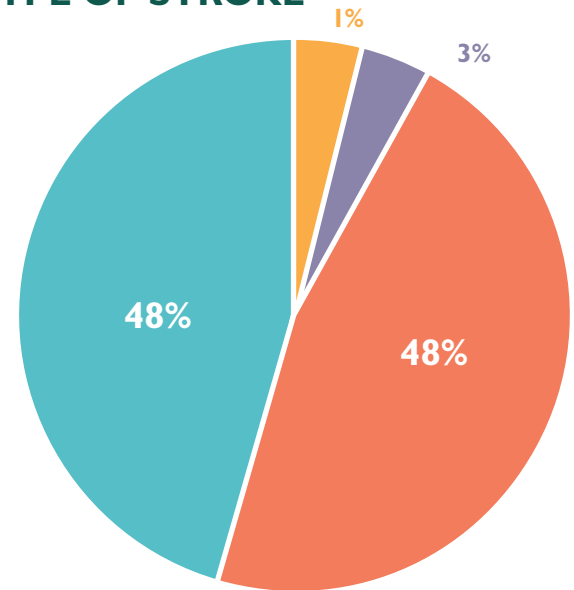
In 2021, FirstHealth of the Carolinas Inpatient Rehab Center (IRC) served 112 patients in our Stroke Program. The average age of our stroke patients was 71 years. Of our stroke patients, 50 were male and 62 were female.

### PATIENT AGE



### TYPE OF STROKE

- Right Brain Stroke  
Affects Left Side of Body
- Left Brain Stroke  
Affects Right Side of Body
- Stroke Affecting Both  
Sides of Brain & Body
- Stroke with No Weakness



**16 DAYS**

## HOW LONG OUR PATIENTS STAY

Our patients stay in our Stroke Specialty Program for an average of 16 days compared to the national benchmark of 14.1 days, regional benchmark of 13.7 days and the state benchmark of 15.2 days.

## REHAB CARE PROVIDED

- Rehabilitation Nursing was provided 24 hours a day.
- Patients received on average 3.11 hours of therapy, 5 days a week
- Based on individual need, some patients received 15 hours of therapy over a 7-day period.
- Medical Services were provided by physicians specially trained in stroke rehabilitation.

## HOW OUR PATIENTS IMPROVE

Patients functional improvement are categorized into two categories: self-care and mobility. Self-care looks at tasks related to eating, oral hygiene, toileting hygiene, showering and dressing, including putting on shoes. Mobility looks at tasks related to bed mobility, transfers, walking certain distance on level and uneven surfaces, steps, picking up objects and wheelchair propulsion. Our patients had the following functional improvement:

- Change in self-care score: Facility 13; State 11; Region 13; Nation 12
- Change in mobility score: Facility 30.1; State 29.3; Region 30; Nation 29.1

## WHERE OUR PATIENTS GO AFTER REHAB\*



**85% Home**



**6% Acute Care Hospital**



**9% Skilled Nursing Facility**

## PATIENT SATISFACTION

**Of Those Surveyed:** **97%** Would recommend and refer us to others  
**97%** Positive rating of care

This information is based on outcomes for the period 10/01/2020 – 9/30/2021. Our facility is fully credentialed by UDSm<sup>®</sup>. FIM<sup>®</sup> and UDSPRO<sup>®</sup> are trademarks of Uniform Data System for Medical Rehabilitation.



**FirstHealth**  
MOORE REGIONAL HOSPITAL



**For more information on rehab services, call (910) 715-1653 or (910) 715-1638.**

Moore Regional Hospital is a Joint Commission Certified Primary Stroke Center.

**FirstHealth.org/Rehab**

**When you need Rehab . . . You need FirstHealth.**