

How to Make Reservations for RPM/Sprint

To Set Up Your Online Account-Members

1. Go to www.firsthealth.org/fitness
2. Scroll down and click on the My Account tab then Member Access
3. It will take you to ourclublogin.com
4. First time setting up, your membership scan card number will be your username and password.
5. Email will be sent with the option for you to change your username and password after first login.

Note: Please check with front desk to make sure your email address is correct in our system.

To Set up Your Online Account-Guest

1. Go to www.firsthealth.org/fitness
2. Scroll down and click on the My Account tab then Become a Guest
3. Click Become a Guest, Register as a Guest
4. Click location of your facility
5. Enter your information and click submit
6. You will receive an email within 5-minutes with your temporary username and password
7. Follow steps as stated below for registering

How to register for RPM/Sprint

1. Go to www.firsthealth.org/fitness
2. Scroll down and click on the My Account tab then Member Access
3. It will take you to ourclublogin.com
4. Enter username and password
5. Click on the Menu tab in the top left corner
6. Click My Activities, Class Schedule
7. You can select the day that you want
8. At the bottom you will see the list of classes for that day
9. Click on day and select which individual under your membership you are signing up.
10. Click Sign up then click Continue
11. Box will pop up saying Success
12. You can go back to your dashboard to view any classes you are signed up for.

How to Cancel a Reservation

1. Click Dashboard under Menu section
2. Click on class than click Unenroll
3. Details will pop up about class
4. Click red Unenroll button at the bottom right