

Mark Your Calendars



The Center for Provider Wellbeing Is Hosting Compassion Fatigue: How to Keep from Hardening Your Heart During Unprecedented Times

Please join us as Dr. Wayne Sotile discusses techniques for coping and staying
compassionate through the ongoing challenges of the current
health care environment

Tuesday, February 9 – Noon-1 p.m.

A Virtual Session

with

Wayne M. Sotile, Ph.D.

SOTILE CENTER FOR RESILIENCE AND THE CENTER FOR PHYSICIAN RESILIENCE

AUTHOR OF *THRIVING IN HEALTHCARE* (STUDER GROUP, 2018).

*Dr. Sotile will be interviewed by Jason Jerry, M.D.,
Chief of the Center for Provider Wellbeing*

RSVP to Dawn Bender at

dmbender@firsthealth.org or (910) 695-7500.

The virtual series is changing to Microsoft Teams. If you do not have Teams, please go ahead and download the Teams app on your device. A Teams link to the session will be emailed prior to the event.

Sessions are recorded. If you are unable to attend and would like access to a recorded session please email Dawn Bender.