

Nutrition Education Center

Comprehensive Nutritional Services – Individualized counseling with a registered dietitian for women, men, teens, children and older adults on:

- Elevated cholesterol and triglycerides
- Hypertension
- Digestive disorders
- Diabetes
- Celiac disease
- Pregnancy
- Genetic testing for diet, nutrition and exercise
- Obesity
- Food allergies
- Weight-loss management and more

FirstHealth's Diabetes & Nutrition Education Center offers services in Moore, Montgomery, Hoke and Richmond counties. Call **(800) 364-0499**.

Insurance coverage varies, and staff will verify insurance coverage prior to scheduling an appointment.

Locations include:

Moore County — 5 Avimore Drive, Pinehurst, NC 28374

Montgomery County — 520 Allen Street, Troy, NC 27371

Hoke County — 313 Teal Drive, Raeford, NC 28376

Richmond County — 925 Long Drive, Rockingham, NC 28379

Nutrition Education Center



7223.03.15727.06 Sunset Date: 4/2022

Nutrition Therapy Referral
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Place Patient Label
Inside This Box

FIRSTHEALTH NUTRITION THERAPY REFERRAL

PHONE: 910-715-1925 or 1-800-364-0499 FAX: 910-715-6279

PATIENT NAME:		DOB:	MALE OR FEMALE
ADDRESS:		CITY:	STATE:
ZIP CODE:	CELL/WORK PHONE:	HOME PHONE:	

DIAGNOSIS CODE (Please circle one):

Abnormal glucose, other	R73.09	Hyperlipdemia, other	E78.4
Allergy to eggs	Z91.012	Hyperlipidemia, mixed	E78.2
Allergy to milk products	Z91.011	Hypertriglyceridemia	E78.1
Allergy to peanuts	Z91.010	Hypertension, benign	I10
Allergy to seafood	Z91.013	Hypertension, malignant	I10
Allergy, other	Z91.018	Hypertensive heart disease	
Anemia, inadequate dietary intake	D50.8	Benign w/ heart failure	I11.0
Anorexia	R63.0	Benign w/o heart failure	I11.9
Anorexia Nervosa	F50.00	Malignant w/ heart failure	I11.0
ASCVD	I25.10	Malignant w/o heart failure	I11.9
Atherosclerosis, generalized	I70.91	Irritable Bowel Syndrome	K58.9
Bulimia	F50.2	Malabsorption syndrome, NOS	K90.9
Celiac Sprue	K90.0	Malnutrition, protein/calorie	E46
Chronic Kidney Disease	N18.9	Mild	E44.1
Cirrhosis of Liver, alcoholic	K70.30	Moderate	E44.0
Cirrhosis of Liver, non-acholic	K74.69	Severe	E43
Colitis, NOS	K52.9	Nephritis/Nephropathy	N08
Crohn's Disease	K50.90	Obesity	
Diverticulitis of colon w/o bleed	K57.32	Morbid	E66.01
Diverticulitis w/ bleed	K57.33	Unspecified	E66.9
Diverticulosis w/o bleed	K57.30	Obstetrical, antepartum	
Diverticulosis w/ bleed	K57.31	Excessive weight gain	026.01 026.02 026.03
Dumping Syndrome	K91.1	Hyperemesis	021.0
Dysphagia	R13.10	Overweight	E66.3
Eating disorder	F50.9	Pancreatitis, acute	K85.9
Failure to Thrive, infant	R62.51	Pancreatitis, chronic	K86.1
Fatty Liver	K76.0	Polycystic ovarian syndrome	E28.2
Gallbladder disorder	K82.9	Weight gain, abnormal	R63.5
Hypercholesterolemia	E78.0	Weight loss, abnormal	R63.4

_____ RD to assess and treat with nutrition therapy
 _____ Indirect Calorimetry to assess Resting Metabolic Rate
 _____ Other: _____

PROVIDER SIGNATURE _____ **Phone#** _____ **Date/Time** _____

FAX COMPLETED FORM AND COPY OF INSURANCE CARD TO 910-715-6279.