

# How to Make an Adult Mask with Ties Supplies

for 1 mask:

Cut two 8X7 cotton fabrics (two different fabrics so there is a front and back)

Two (2) 1.5 x36 inch strips for the ties

Thread & sewing machine

## ***Prepare the mask:***

Put the 8x7 inch pieces right sides together, sew  $\frac{1}{4}$  inch seam on each of long ends (8"), creating tube.

Turn right sides out, press seams and fabric.

Make 3 pleats, approx. 1 inch each in size, using steam or pins to hold. Mask will be approx. 4" once sewn.

Sew  $\frac{1}{4}$  inch seam on each side of mask, securing pleats.

Trim seam allowance.



## ***Prepare the ties:***

Fold in half and press ( $\frac{3}{4}$  inch). Open tie back up.

Fold each edge in to meet middle ( $\frac{3}{8}$  inch/ $0.375$  inch) and press.

Fold in half again, securing raw edges inside and press. Each tie will be approx.  $\frac{3}{8}$  inch in width.

## ***Assembly:***

Align center of tie with side of mask, open tie so edge of mask fits snugly inside. Pin.

Sew tie to mask, seam will be very short, get as close as able while still catching all fabric. You are just attaching the mask to the tie at this point, not sewing the whole tie yet.

Repeat for other tie and other side of mask.

Sew down edges of tie, securing raw edges inside. Seam is very short. You will stitch over where mask is already attached. This is good because it helps reinforce.

Repeat for other tie and other side of mask.

# How to make a Face Mask

## What you will need

- Cotton fabric, two different patterns so front and back are different
  - Rope Elastic, beading cord elastic will work (you may also use 1/8" flat elastic)
  - Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends of the flat)
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1. Put right sides of cotton fabric together
    - o Cut 9x6 (Adult)
  2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the **edge out** into the corner. A few stitches forward and back will hold this.
  3. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back. (The elastic should all be between the fabrics and you should only see the edges)
  4. Now sew across that top of the mask to the next corner. Again put an elastic with the **edge out**.
  5. Sew to the next corner and sew in the other end of the same elastic.
  6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
  7. Pin 3 tucks on each side of the mask. Make sure the tucks are facing down for front of mask. Each side should measure about 4".
  8. Sew around the edge of the mask twice.

It is so easy to make this.

Be sure any fabric design is placed horizontally.