In 2019, FirstHealth of the Carolinas Inpatient Rehab Center (IRC) served 112 patients in our Stroke Program. The average age of our stroke patients was 67.9 years. Of our stroke patients, 50 were male and 50 were female.

**Right Brain Stroke**
Affects Left Side of Body

**Left Brain Stroke**
Affects Right Side of Body

**Stroke Affecting Both Sides of Brain & Body**

**Stroke with No Weakness**

**PATIENT AGE**

| Age Group | Number
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>&lt;40</td>
<td>3</td>
</tr>
<tr>
<td>41-50</td>
<td>5</td>
</tr>
<tr>
<td>51-60</td>
<td>20</td>
</tr>
<tr>
<td>61-70</td>
<td>33</td>
</tr>
<tr>
<td>71-80</td>
<td>33</td>
</tr>
<tr>
<td>81-90</td>
<td>18</td>
</tr>
</tbody>
</table>

**TYPE OF STROKE**

- Right Brain Stroke: 4%
- Left Brain Stroke: 4%
- Stroke Affecting Both Sides of Brain & Body: 46%
- Stroke with No Weakness: 45%

**HOW LONG OUR PATIENTS STAY**
Our patients stay in our Stroke Specialty Program for an average of 13.5 days, compared to the national benchmark of 15.1 days, regional benchmark of 14.9 days and the state benchmark of 16.5 days.

**REHAB CARE PROVIDED**
- Rehabilitation Nursing was provided 24 hours a day.
- Patients received on average 3.08 hours of therapy, 5 days a week.
- Based on individual need, some patients received 15 hours of therapy over a 7-day period.
- Medical Services were provided by physicians specially trained in stroke rehabilitation.

**WHERE OUR PATIENTS GO AFTER REHAB**

- **82%** Home
- **7%** Acute Care Hospital
- **10%** Skilled Nursing Facility

* 1% VA Center

**HOW OUR PATIENTS IMPROVE**
Gains are measured with a standardized rehabilitation tool called the Functional Independent Measure (FIM®) that measures the improvement patients make in functional tasks that include bowel and bladder control, transfers, locomotion, communication, social cognition and self-care activities. In general, a higher change in FIM® score indicates more improvement. Our patients had a FIM® change of 22.1 points compared to the nation at 30.1 points, region at 31.4 points and state at 28.4.

**PATIENT SATISFACTION**

Of Those Surveyed:

- **100%** Would recommend and refer us to others
- **99%** Rated us as Excellent

This information is based on outcomes for the period 10/01/2018- 9/30/2019. Our facility is fully credentialed by UDSmr®. FIM® and UDSPRO® are trademarks of Uniform Data System for Medical Rehabilitation.

For more information on rehab services, call (910) 715-1653 or (910) 715-1638.
Moore Regional Hospital is a Joint Commission Certified Primary Stroke Center.

FirstHealth.org/Rehab

When you need Rehab . . . You need FirstHealth.