



FirstHealth of the Carolinas offers a variety of medical and educational services for women, children and infants. These services include a comprehensive, state-of-the-art labor and delivery program as well as high-quality gynecological and pediatric care.

Gynecological Care

Inpatient and outpatient gynecological services are available through FirstHealth Women's Services. Nurses who understand these unique needs and concerns are specially trained to care for their patients and to prepare them for their discharge home.

Specialized services include:

- Gynecological surgical and robotic surgical procedures
- Post-menopausal care and counseling
- Hormone Replacement Therapy
- Colposcopy for abnormal pap smears

Moore Regional Hospital is one of the few institutions in the country to be recognized as a member of the Gynecologic Oncology Group (GOG). The affiliation with this national collaborative cancer group provides our patients with the opportunity to receive National Cancer Institute-sponsored treatments that are available through GOG university-affiliated hospitals throughout the United States.

Gynecologic Oncology

FirstHealth's board certified gynecologic oncologist focuses on the evaluation and management of gynecological cancers. Services include the administration and management of chemotherapy for gynecologic malignancies, advanced minimally invasive surgery, palliative support care, genetic counseling and more. Gynecologic oncology is a service of FirstHealth Oncology, which also offers education, support services, case management, symptom management and dietary services.

FirstHealth

WOMEN & CHILDREN

155 Memorial Drive
Pinehurst, NC 28374
(910) 715-1000

www.firsthealth.org/women



FirstHealth

OF THE CAROLINAS

Women & Children's Services





The Birthing Center at Moore Regional Hospital

The Birthing Center at FirstHealth Moore Regional Hospital creates an environment in which newborns and families form precious bonds.

Designed to serve the unique medical needs of both mothers and babies, the Birthing Center combines the latest medical technology with the compassionate care of highly trained physicians, nurse practitioners, registered nurses and other staff to assure that every patient-care experience is a comfortable and secure one.

Breastfeeding Resource Center

Breastfeeding is not always easy, especially at first, and some new mothers need a little help. Certified lactation consultants in the Breastfeeding Resource Center at Moore Regional Hospital help educate and encourage new mothers, answer their questions and help solve breastfeeding difficulties. To make an appointment or contact a lactation consultant, call (910) 715-2068.

Additional resources available include breast pumps, nursing bras, nipple shields and nipple ointment.

Maternal-Fetal Medicine

For patients whose pregnancies are considered high-risk, the FirstHealth UNC Maternal-Fetal Medicine program at Moore Regional Hospital provides the expertise of certified physicians in a location that is close to home. Specialists in maternal-fetal medicine have two to three years of additional formal education as well as clinical knowledge and experience in the obstetrical, medical, genetic and surgical complications of pregnancy and their effects on mother and child. They have advanced training in dealing with complex diagnostic and therapeutic procedures during pregnancy.

Neonatology (NICU)

For babies who need special care, Moore Regional Hospital has a Level III Neonatal Intensive Care Unit to treat premature and sick newborns.

The 13-bed NICU is staffed by specially trained nurses and physicians, and is family-centered to ensure that infants requiring more than routine nursery care can still have their families close by.

Pediatrics

The FirstHealth Pediatric Unit at Moore Regional Hospital has been specially designed to support our young patients in as comfortable and home-like an environment as possible. Our compassionate nursing staff is committed to giving children the very best in patient care.

Maternity Programs & Classes

Prepared Childbirth Series

Moore Regional Hospital hosts a Prepared Childbirth Series from January to November. The six-week course is held in the evening from 7 to 9:15 p.m.

For registration and course dates, call (910) 715-2275. We recommend you call to register during your first trimester.

One-Day Prepared Childbirth Class

Moore Regional Hospital hosts a Prepared Childbirth one-day class from January to November. The class is offered on Saturdays from 10 a.m. to 5 p.m.

For registration and course dates, call (910) 715-2275. We recommend you call to register during your first trimester.

Women & Children's Center Tour

Moore Regional Hospital offers a free tour of the Women and Children's Center. This tour is recommended for parents-to-be during their second or third trimester.

This tour is free and offered the second Monday and the third Saturday of each month, but registration is required. To register, call (800) 213-3284.

Siblings Class

Becoming a sibling for the first time is a special moment, and we have a class designed just for the big brother or big sister in your family.

This class is offered the third Saturday every other month. For registration and class dates, call (800) 213-3284.

Infant Care Class

This in-depth, interactive class teaches best practices for baby care and safety.

This class is offered the third Saturday every other month. For registration and class dates, call (800) 213-3284.

Breastfeeding Education

Expectant parents will learn the benefits of breastfeeding, positions to use while breastfeeding, feeding patterns, pumping and introduction of bottles.

This class is offered the first and third Thursday every month. For registration and class dates, call (910) 715-2275.