

## REFERRAL FOR NUTRITION SERVICES

PATIENT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ MALE OR FEMALE  
ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_  
ZIP CODE: \_\_\_\_\_ CELL/WORK PHONE: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_

**PLEASE FAX the most recent and relevant clinical information, physician notes and labs.**

PLEASE CHECK ALL DIAGNOSES THAT APPLY TO THIS REFERRAL

### Basic Nutrition and Weight Control:

- Nutr counseling, surveillance
- Pregnancy
- Overweight (BMI 25-29.9)
- Obesity (BMI 30-39.9)
- Obesity, morbid (BMI  $\geq$  40)
- Obesity complicating pregnancy
- Weight gain, abnormal
- Weight loss, abnormal

### Diabetes and Endocrine:

- Diabetes, Type 1
- Diabetes, Type 2
- Gestational Diabetes
- Abnormal blood glu/pre-diabetes
- Hypoglycemia, unspecified
- Polycystic Ovarian Syndrome
- Other DM/endocrine (specify: \_\_\_\_\_ )

### Gastrointestinal and Liver:

- Celiac Disease
- Crohn's Disease
- Irritable Bowel Syndrome
- Diverticulosis
- Diverticulitis
- Cirrhosis of Liver, alcoholic
- Cirrhosis of Liver, non-alcoholic
- Gallbladder disorder
- Pancreatitis
- Reflux/GERD
- Ulcerative Colitis
- Other GI diagnosis (specify: \_\_\_\_\_ )

### Malnutrition and Food Allergy:

- Malnutrition, protein/calorie (specify: mild, moderate or severe)
- Food Allergy (specify: \_\_\_\_\_ )

### Lipid and Cardiovascular:

- Hypercholesterolemia
- Hypertriglyceridemia
- Hyperlipidemia, unspecified
- Hypertension, unspecified
- Cardiovascular Disease
- Other cardio diagnosis (specify: \_\_\_\_\_ )

### Miscellaneous:

- Anorexia Nervosa
- Bulimia
- Eating Disorder, NOS
- Chronic Kidney Disease (stage \_\_\_\_ )
- Dysphagia (specify: \_\_\_\_\_ )
- Other (specify: \_\_\_\_\_ )

- RD to assess and treat with nutrition therapy
- Instruct on \_\_\_\_\_ nutrition therapy
- Indirect Calorimetry to assess Resting Metabolic Rate

PROVIDER NAME (PRINT): \_\_\_\_\_ PRACTICE: \_\_\_\_\_

PROVIDER SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PROVIDER PHONE: \_\_\_\_\_ PROVIDER FAX: \_\_\_\_\_

**FAX COMPLETED FORM TO (910) 715-1850**