

Intensive Outpatient Services

at Moore Regional Hospital - Richmond

At FirstHealth of the Carolinas, our Behavioral Services division provides multi-level integrated services to assist patients in the recovery from the physical, emotional, social and spiritual effects of their illness while recognizing the rights and dignity of the individual. Intensive Outpatient Services (IOS) offers treatment for adults (18 years +) suffering from behavioral health disorders or experiencing overwhelming personal crises. This program is designed to help individuals understand their illness, reduce the impact of symptoms, and cope with challenging situational crises. Both the chemical dependency and psychiatric tracks have a setting that provides tools for recovery. The positive environment fosters support and change, allowing the client, whenever possible, to keep his/her job and maintain his/her home.

Care Planning

Psychiatry Group Therapy

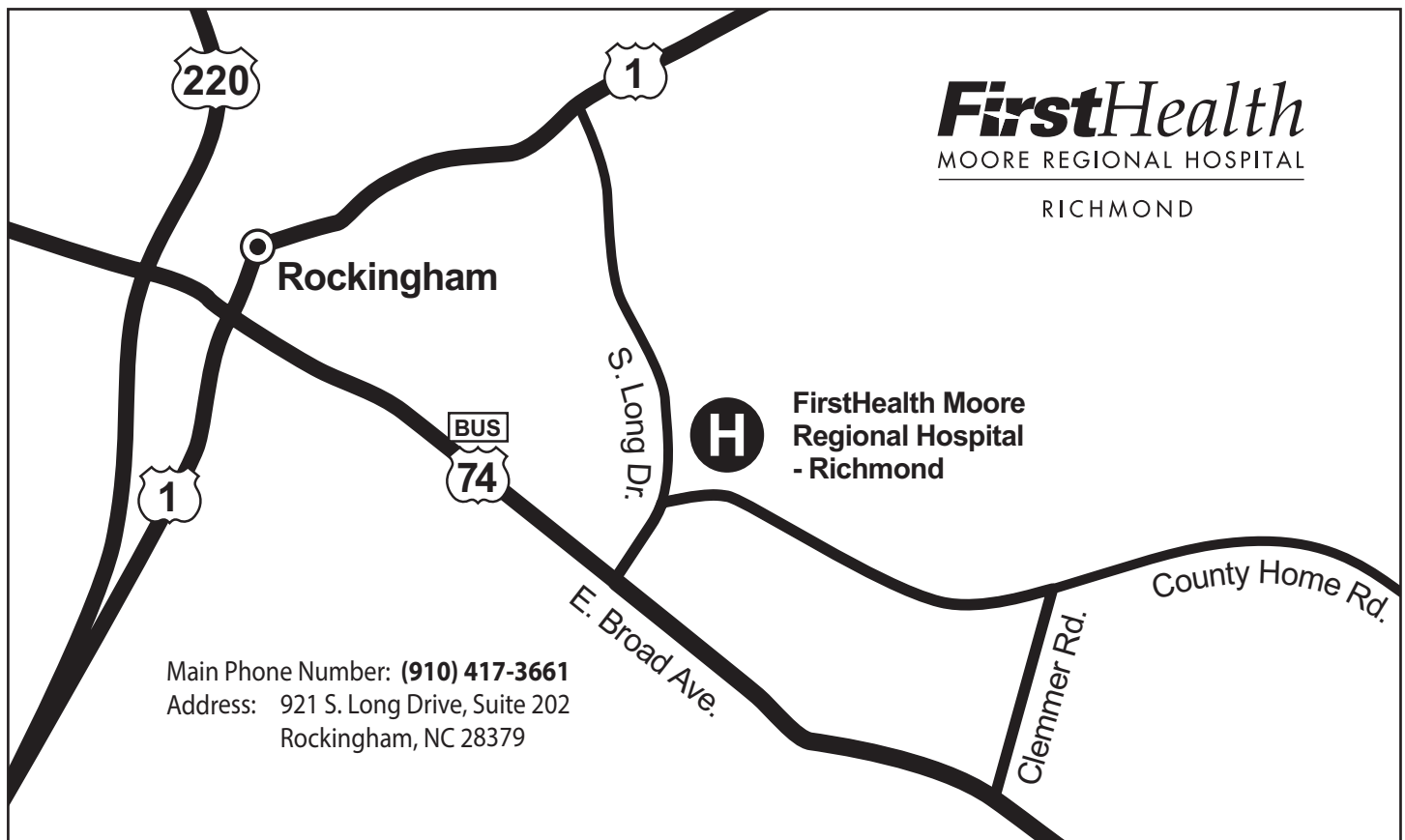
Individual Therapy/Counseling

Family Education

Psycho Education Group

Case Management & Continuing Care Planning

Follow-up Care



Intensive Outpatient Services

at Moore Regional Hospital - Richmond

*Attach the facesheet and insurance information or complete information below:

Please fax to (910) 417-3846

Patient Information

Date _____

Patient's Name _____

Date of Birth _____ Phone _____

Emergency Contact Name _____ Emergency Contact Phone _____

Insurance Information (*please copy card*) _____

Referring Physician _____

Referring Physician Phone _____ Referring Physician Fax _____

Please complete the info below; include contact information:

• Reason for Referral ***or** attach note/ H&P/ discharge summary: _____

Does this person already have a Behavioral Health provider he/she will follow up with after PHP/ IOS? Please provide name and contact info:

- Therapist's name & number: _____
- Prescribing psychiatric provider: _____

Please fax the form & requested information to **(910) 417-3846**.

The patient will be contacted to schedule the assessment and admission unless the referring provider asks to be contacted instead. Please indicate preference on the fax cover sheet.

Please call **(910) 417-3661** with questions regarding **scheduling**.

Anyone 18 years of age or older may self-refer by calling (910) 417 -3661 and requesting an appointment for an assessment for Intensive Outpatient Services.