

FirstHealth Moore Regional Hospital - Richmond's

# WELLNESS SCREENING DAY *35<sup>th</sup> Annual*

Pre-draws conducted weekdays from 6-9:30 a.m.  
Oct 2-6 & 9-11

## DIAGNOSTIC LAB PRE-DRAWS

### Wellness Profile - \$25

A blood test that gives the results for a variety of blood measurements taken at a yearly exam including: cholesterol, triglycerides, fasting blood sugar, cell count, thyroid, potassium and more. No food or drink for eight (8) hours before this test (you may take required medication with a sip of water).

### Prostate Specific Antigen (PSA) - \$10

A blood test that is used to detect infection or prostate cancer in men.

### A1C/Glycosylated Hemoglobin \$15

A blood test that shows your blood sugar levels over the last three (3) months. This test may be used to diagnose diabetes or to check how a diabetic patient is managing their diet and medications.

### Pap Smear - \$25

A test of a sample of cells to look for infection or cervical cancer in women. Offered on Friday, Oct. 6, by appointment only with pre-registration required.

### EKG \$10

A test that checks for problems with the electrical activity of your heart.

### Blood Pressure- FREE

The measurement of the difference in pressure when your heart beats and when it relaxes. This screening can diagnosis high blood pressure.

### Body Mass Index- FREE

The measurement of your height compared to your weight for your age group. This screening indicates your ideal weight.

### Bone Density- FREE

An ultrasound of the heel bone to show the strength of your bones. This screening indicates your risk for brittle bones.

### Vitamin D \$25

A blood test that measures the amount of Vitamin D in your body. Vitamin D is needed for bone health.

**Basic Spirometry - FREE** A measurement of how strong your lungs are when you breathe in and out.

Blood profile results may be available online at

**[www.firsthealthmychart.org](http://www.firsthealthmychart.org)**

- Please wear loose, non-binding clothes for EKG.
- Must be able to have bare feet for osteoporosis screening.
- Please register at front lobby. For best results, blood work should be done while fasting (nothing to eat or drink for at least 8 hours prior to the test).
- The cafeteria will open at 6 a.m. on the days of the lab pre-draws for those who wish to purchase breakfast.

**Cash or check only.**



[www.firsthealth.org](http://www.firsthealth.org)

**FirstHealth**  
MOORE REGIONAL HOSPITAL

RICHMOND