Do you have problems with safely getting around your home to complete your daily activities?

The Wheelchair Seating and Mobility Clinic is designed to help people obtain the proper wheelchairs and positioning components to improve mobility in their lives.

Good wheelchair seating and positioning can:
- Improve independence
- Increase mobility
- Improve posture
- Enhance sitting tolerance
- Improve muscle tone
- Improve social and emotional health
- Decrease risks for decubitus ulcers (pressure sores)
- Improve overall lung and heart functions
- Improve swallowing

Our physical therapists are trained to review your situation, which may include medical conditions, balance, strength, posture, range of motion and home situation. They advise on proper equipment to help improve your safety and independence with your mobility-related activities of daily living within your home. These may include:
- Custom manual wheelchair
- Scooter
- Basic power wheelchair
- Complex power wheelchair
- Special seat cushions and/or back supports
- Power seat functions

Our physical therapists use a computer program to complete pressure mapping while seated in your wheelchair to check for areas of high pressure that may increase your risk for skin breakdown. The physical therapist then advises you on modifications to the wheelchair seating that can help improve pressure distribution and skin integrity.

For a referral form, go to www.firsthealth.org/referral and scroll to Rehabilitation Services.

When you need Rehab...You need FirstHealth.

FirstHealth

REHABILITATION
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