

Partial Hospitalization & Intensive Outpatient Services

At FirstHealth of the Carolinas, our Behavioral Services division provides multi-level integrated services to assist patients in the recovery from the physical, emotional, social and spiritual effects of their illness while recognizing the rights and dignity of the individual.

Intensive Outpatient Services (IOS) and Partial Hospitalization Program (PHP) offer treatment for adults (18 years +) suffering from behavioral health disorders or experiencing overwhelming personal crises. Both programs are designed to help individuals understand their illness, reduce the impact of symptoms, and cope with challenging situational crises. Both the chemical dependency and psychiatric tracks have a setting that provides tools for recovery. The positive environment fosters support and change, allowing the client, whenever possible, to keep his/her job and maintain his/her home. PHP criteria for admission requires the patient to exhibit more acute symptoms, but is still an alternative to inpatient care.

Care Planning

Psychiatry

Group Therapy

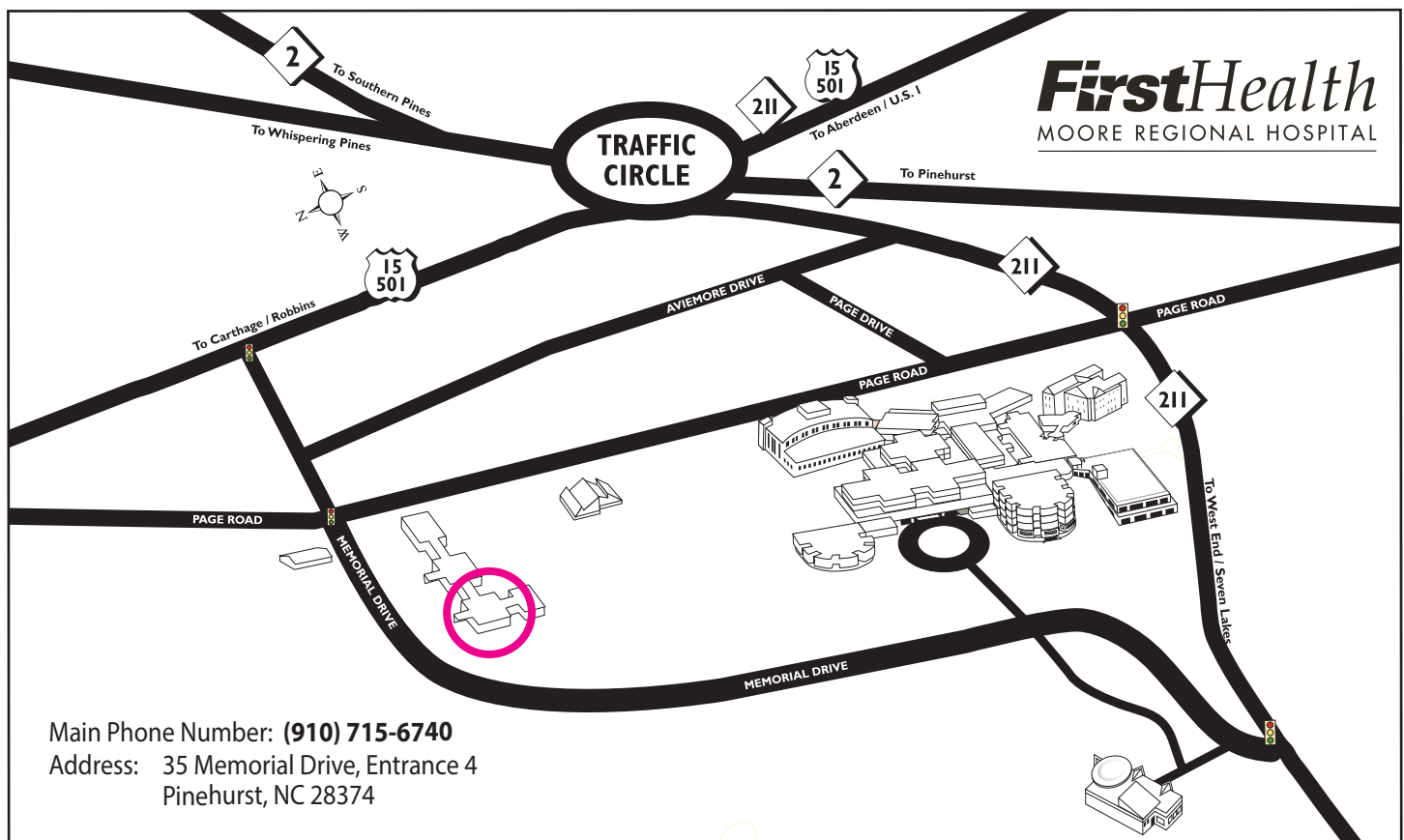
Individual Therapy/Counseling

Family Education

Psycho Education Group

Case Management & Continuing Care Planning

Follow-up Care



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*Attach the facesheet and insurance information or complete information below:

Please fax to (910) 715- 5391

Patient Information

Date _____

Patient's Name _____

Date of Birth _____ Phone _____

Emergency Contact Name _____ Emergency Contact Phone _____

Insurance Information _____

Referring Physician _____

Referring Physician Phone _____ Referring Physician Fax _____

Please complete the info below; include contact information:

- Reason for Referral *or attach note/ H&P/ discharge summary: _____

Does this person already have a Behavioral Health provider he/she will follow up with after PHP/ IOS? Please provide name and contact info:

- Therapist's name & number: _____
- Prescribing psychiatric provider: _____

The patient will be contacted to schedule the assessment and admission unless the referring provider requests to be contacted instead. Please indicate preference on the fax cover sheet.

-Please call **(910) 715-3378** with questions regarding **scheduling**.

-Please call Kelly at (910) 715-6746 or Daphne at (910) 715-1523 with any program questions or concerns.

People may also self-refer by calling (910) 715-3378 and requesting an appointment for an assessment for Partial Hospitalization or Intensive Outpatient Services.