

Pinehurst Medical Symposium

March 7 & 8, 2015
FirstHealth Moore Regional Hospital
Pinehurst, North Carolina

www.firsthealth.org

FirstHealth
OF THE CAROLINAS

Pinehurst Medical Symposium

March 7 & 8, 2015 • FirstHealth Moore Regional Hospital • Pinehurst, North Carolina

Conference Objectives

The 22nd Annual Pinehurst Medical Symposium has been designed and organized to assist participants in accomplishing the following objectives:

- Acquire knowledge regarding technologies and treatments that improve patient care
- Enhance knowledge of health care reform, the management of chronic diseases, and medical topics in the news
- Facilitate networking opportunities with colleagues
- Discuss topics of timely interest to physicians

At the conclusion of the Symposium, the participants should be able to:

Session I – Update on the Management of Chronic Diseases

Overall Objectives

- Examine the newest findings on prostate cancer
- Describe hypertension care, to include, but not limited to treatment thresholds and goals, medication management (compliance and costs)
- Recognize benefits and harms with SGLT-2 inhibitors in Diabetes Management
- Recognize benefits and harms with SLP-1 receptor agonist combined with basal insulin
- Examine the benefits of continuous glucose monitoring in diabetes
- Examine groups who are recommended and those who are not recommended for Hepatitis C screening
- Describe the treatment for Hepatitis C to include the new direct acting antiviral drugs that have been approved to treat Hepatitis C, and the pros and cons of treatment
- Describe medications currently available for long-term use for treatment of obesity
- Discuss appropriate use of meal replacements for weight loss
- Inspect contraindications to medications for treatment of obesity
- Discuss the behavioral components of weight management, binge eating and emotional eating
- Describe brief clinical interventions that are practical and build skills

Target Audience (medical specialties): All Physicians, Mid-levels, and Other Interested Health Care Providers

CME Credit:

Accreditation Statement: FirstHealth of the Carolinas is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Statement: FirstHealth of the Carolinas designates this live activity for a maximum of 8.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sponsorship: FirstHealth's Office of Continuing Medical Education is offering this program.

- Refer patients who can benefit from behavioral interventions
- Examine why a diagnosis of dementia is insufficient and current screening measures are inadequate
- Discuss the role of person centered and multidisciplinary care (including neuropsychology) in dementia
- Describe skills for screening for dementia from interview and psychometric perspectives
- Evaluate how these skills apply to their current environments to enable a gold standard of dementia assessment

Session II – Medical Topics in the News Overall Objectives

- Identify the leading reasons Infectious Disease physicians are losing sleep
- Examine the current issues that are a risk for your practice and patients
- Identify interventions to reduce those infectious disease risks to your patients
- Examine the most recent AHA/ACC guidelines for stress testing to include, but not limited to protocols, contraindications and interpretation
- Discuss strategies to improve the use, efficiency and effectiveness of stress testing for FHC patients
- Discuss the implications of the Affordable Care Act (ACA) on hospitals and other providers
- Examine the pay-for-performance initiatives developed by the ACA
- Describe the delivery system reform models implemented in the ACA, as well as an understanding of the extent of delivery system reforms in N.C.
- Describe the types of information that patient portals include
- List the benefits of a patient portal for you and your office
- Examine two key questions: Are patients becoming more health care savvy with Patient Portals? Is this the carrot that gets patients healthier?
- Examine the current procedures and frequency of robotic surgery at FirstHealth
- Inspect the outcomes associated with robotic surgery as related to recovery time, complications and costs compared to laparoscopic surgeries

Faculty

Matthew I. Milowsky, M.D.
Hematology/Oncology
University of NC – Chapel Hill
School of Medicine

Alan L. Hinderliter, M.D.
Cardiovascular Diseases
University of NC – Chapel Hill
School of Medicine

John B. Buse, M.D., Ph.D.
Endocrinology, Diabetes and
Metabolism
University of NC – Chapel Hill
School of Medicine

Jama M. Darling, M.D.
Gastroenterology and Internal
Medicine
University of NC – Chapel Hill
School of Medicine

Ronald S. Sha, M.D., Ph.D.
Family Practice
Duke University School of
Medicine

Sofia H. Rydin-Gray, Ph.D.
Clinical Psychology
Duke University School of
Medicine

Karen D. Sullivan, Ph.D.
Clinical Neuropsychology
Pinehurst Neuropsychology

Paul S. Jawanda, M.D.
Infectious Disease
FirstHealth of the Carolinas

Joseph F. Hakas Jr., M.D.
Cardiovascular Diseases
Pinehurst Medical Clinic

Seth Edwards
Premier Healthcare Alliance

Suzanne L. Wilson, M.D.
Internal Medicine
FirstHealth of the Carolinas

John M. Fessenden, M.D.
General Surgery
Pinehurst Surgical

Agenda

Saturday, March 7, 2015

7 – 8 a.m.

Registration & Breakfast

Monroe Auditorium
FirstHealth of the Carolinas Conference Center
FirstHealth Moore Regional Hospital Campus

8 – 8:10 a.m.

Conference Begins

Welcome: Joseph F. Hakas Jr., M.D., Chair
FirstHealth Medical Education Committee

8:10 a.m. – 12:25 p.m.

Session I – Update on the Management of Chronic Diseases

Moderator: Joseph F. Hakas Jr., M.D.

Prostate Cancer Update

Matthew I. Milowsky, M.D.

What's New for the Care of Hypertension?

Alan L. Hinderliter, M.D.

New Drugs and Approaches in Diabetes Management

John B. Buse, M.D., Ph.D.

Hepatitis C Update for 2015

Jama M. Darling, Ph.D.

Obesity in Adults

Ronald S. Sha, M.D., Ph.D.

A Cognitive Behavioral Therapy Approach for Weight Management

Sofia H. Rydin-Gray, Ph.D.

12:25 p.m.

Networking Lunch

Sunday, March 8, 2015

7 – 8 a.m.

Registration & Breakfast

8 a.m. – 12:30 p.m.

Conference Reconvenes

Session I – Update on the Management of Chronic Diseases Continues

Moderator: Michael A. Antil, M.D.

The Gold Standard Assessment Model for Dementia

Karen D. Sullivan, Ph.D.

Session II – Medical Topics in the News

Moderator: Michael A. Antil, M.D.

2015 Infectious Disease Update

Paul S. Jawanda, M.D.

Stress Testing: Choosing the Right Test for the Right Patient

Joseph F. Hakas Jr., M.D.

Where are we with the ACA, nationally and in N.C.?

Seth Edwards

Patient Portals

Suzanne L. Wilson, M.D.

Robotic Surgery

John M. Fessenden, M.D.

Wrap-up and Evaluations

Conference Adjourns

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Sponsorship

FirstHealth's Office of Continuing Medical Education is offering this program.

Conference Registration and CME Credit

- Includes conference registration and 8.25 of CME credit
- Available at no charge to FirstHealth of the Carolinas medical staff and non-FirstHealth participants

Registration is due by March 4, 2015.

Online registration is available at www.firsthealth.org/calendar. Select category Continuing Medical Education and click on 2015 Pinehurst Medical Symposium.

The form below may also be used and mailed or faxed to:

CME Symposium
FirstHealth of the Carolinas, Office of Continuing Medical Education
PO Box 3000, Pinehurst, NC 28374
Fax: (910) 715-3090

Name: _____ Title: _____

Organization: _____

Business Mailing Address: _____

City / State / ZIP: _____

Business Phone: _____ Fax: _____ Home Phone: _____

Email: _____ Specialty: _____

Signature: _____

_____ Yes, I plan to attend the Networking Lunch on Saturday.

_____ No, I cannot attend the Networking Lunch on Saturday.

For more information on golf courses and/or hotel accommodations in the Pinehurst area, please contact Suzanne Von Canon, Conference Coordinator, at (877) 674-2334 or (910) 715-1520.



Please check here if ADA (Americans with Disabilities Act) accommodations are needed. If so, you will be contacted.

Please specify: _____