TeleHealth is a free and valuable element of FirstHealth’s Home Care program. It’s a simple and fast method of checking your vital signs without you ever leaving home. A Home Care nurse monitors your health data and provides the information to your doctor.

TeleHealth helps you take care of yourself and provides the security of knowing that a home health nurse is taking care of you between Home Care visits.

With TeleHealth, you will develop an understanding of how everyday decisions such as meal choices, medicines and activities impact your health.

FirstHealth Home Care TeleHealth monitors:

- Blood Pressure
- Temperature
- Blood Sugar
- Pulse
- Weight
- Blood Oxygen Levels

TeleHealth reports are provided to your physician for a complete and thorough analysis of the data.

Medical Care in the Comfort of Your Home

FirstHealth of the Carolinas

Home Care

(800) 876-2212
www.firsthealth.org/homecare
What is Home Care?
Home Care or Home Health is medical care referred by a physician and provided in the home to a homebound patient in need of nursing services, speech therapy, and/or physical/occupational therapy on an intermittent basis.

What does Homebound mean?
It means that leaving home requires a considerable and taxing effort AND absences from the home must be infrequent and of short duration.

Who pays for Home Health?
Medicare & Medicaid cover 100%. Medicare Advantage plans replace traditional Medicare coverage and follow Medicare rates and guidelines. Reimbursement varies based on the type of plan you may have. Most commercial insurances cover a portion of the home health cost. Usually, there is a deductible and a co-pay to meet. FirstHealth offers financial assistance to anyone who cannot afford the cost of care.

What area does FirstHealth Home Care service?
FirstHealth Home Care’s staff of 80 makes more than 35,000 home visits and travels more than 600,000 miles a year to Moore, Richmond, Montgomery, Lee, Hoke and Scotland counties.

FirstHealth Home Care does not provide live-in, 24-hour care, or domestic home services such as cooking and cleaning.

The high-quality care you receive at FirstHealth can travel home with you.

Under the direct supervision of your physician, FirstHealth Home Care will conduct a thorough assessment of your medical needs and create a comprehensive care plan. Your Home Care nurse and therapist will help you deal with complex medical issues, manage your medicines, regain your health, mobility and independence; or recover from surgery.

What We Offer

Direct Nursing Care
• Adult Nursing
• Disease/Medication Management & Education
• IV Infusion Therapy
• Wound Care
• Ostomy Care
• TeleHealth Monitoring
• Teaching Caregivers & Supervision of Care

Physical Therapy/Occupational Therapy
• Orthopaedic/Neurological Rehabilitation
• Post Hospitalization Rehabilitation
• Home Safety / Falls Prevention
• Life Management Skills Assessment & Training

Social Worker
• Long-term Planning
• Referral to Community Resources
• Assistance with Financial Concerns

Home Health Aides
• Assistance with Personal Care