

Palliative Care

FirstHealth Palliative Care

Palliative (PAL-e-a-tiv) care is provided by a team of professionals dedicated to relieving suffering and improving quality of life for patients and families impacted by serious illness. Palliative care is offered along with all other appropriate medical treatments. The focus is on the needs of the patients, including pain and symptom control, counseling or coordinating involvement with other community services. Recognizing the need to offer palliative care to its patients, FirstHealth has organized a palliative care team to assist physicians in the management of their patients with chronic or serious illness. Comprising the specialty-trained team are:

- Palliative Medicine Certified Physicians
- Nurse Practitioners and Physician Assistants
- Nurses
- Social Workers

All palliative care staff are available to work with physicians, patients and families on an individual basis in both hospital and outpatient settings.

How to refer?

Call (910) 715-6067 or toll-free at (866) 861-7485 to refer a patient.



Kristen Bilinski, ANP



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Find these forms online at
www.firsthealth.org/referral