



## Southern Pines Swim Lesson Calendar 2026

Our Parent/Child swim lessons are for ages 6 months – 3 years old. At Southern Pines, we feature a quiet, warmer water environment for your child. Both a parent and the child will be participating in the lesson. Kelley Kibler, our swim instructor has many years of teaching experience with children.

### How to Register

Visit [www.firsthealth.org/swim](http://www.firsthealth.org/swim), set up your child's account (video and written directions are available) and review the class level descriptions and parent info. During the registration period, log in to your account and complete the registration steps for the appropriate class. Members have first priority to register for classes before registration is open to the public. This may limit the availability of open spaces per class when open registration begins.

**If you have questions, please call (910) 692-6129.**

### OPEN REGISTRATION

December 26 - January 2  
January 30 - February 6  
March 7 - 15  
March 27 – April 11  
May 1-8  
May 29 – June 5  
June 12- 19  
July 3 - 10  
July 24 – July 31  
September 4 - 11  
October 2 - 9  
November 20-27

### CLASS DATES

January 5 - 31  
February 9 - 28  
March 16 – 25\*\*  
April 13 - May 2  
May 11- 30  
June 8 - 18\*\*  
June 22 - July 2\*\*  
July 13 - 23 \*\*  
July 27- August 6\*\*  
September 14 – October 3  
October 12-31  
December 1-18

**Member: \$70**

**Guest: \$85**

**\*\*2 Week condensed course. Classes held M/T/W.**

**No Class on Memorial Day, May 25. Will be Tuesday, May 26.**

To view our schedule and swim level guidelines at: [www.firsthealth.org/swim](http://www.firsthealth.org/swim)

**FirstHealth**

FITNESS