LSVT (Lee Silverman Voice Treatment) LOUD & LSVT BIG are programs designed to help people who have been affected by and are learning to live with Parkinson’s disease and similar neurological conditions. This program, led by rehabilitation therapists, targets some of the common symptoms of Parkinson’s disease by retraining the brain. LSVT can be incorporated into a therapy plan of care at various stages of progression.
LSVT LOUD is an intensive voice treatment program to help people who are experiencing difficulties with speech by incorporating voice exercises and exaggeration of volume in voice training to promote an average vocal level. This program, which is guided by a licensed speech language pathologist, works to improve oral communication.

LSVT BIG is a program designed to help people who present with smaller physical movements such as a shuffling while walking and difficulty writing, dressing and/or getting up out of a chair. Licensed occupational and physical therapists lead an exercise and functional task program that promotes larger (BIG) movements that can positively affect movement, balance and quality of life.

FirstHealth of the Carolinas Outpatient Rehabilitation offers a trilogy of therapeutic disciplines (speech, occupational and physical therapies) to address your functional needs. If you are interested in this program, talk with your physician and request a referral for a speech (LSVT LOUD) and/or occupational and/or physical therapy (LSVT BIG) evaluation and treatment. Many insurance plans will cover some or all of these treatments. The FirstHealth rehab department will assist in determining your coverage benefits.

For more information on FirstHealth Rehabilitation or LSVT programs, call (910) 715-1600 or email rehab@firsthealth.org

When you need Rehab . . . You need FirstHealth.